

Granville Lutheran

MCFI

Fuel4U/Cold Breakfast Mon/Wed



**November
2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE			1 Fall Break	2 Fall Break
5 WG Granola Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	6 WG Cheerios Honey Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	7 WG UBR Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	8 Rice Chex Berry Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	9 Cinnamon Toast Crunch Cereal Vanilla Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk
12 Whole Grain Breakfast Bread Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	13 Frosted Flakes Cereal Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	14 NEW! WG Grape Jelly Crescents Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	15 Golden Grahams Cereal Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	16 Multi Grain Cheerios Strawberry Waffle Grahams 100% Juice Cup Seasonal Fruit Choice of Milk
19 WG Cream Cheese-Filled Bagels Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	20 Trix Cereal Cinnamon Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	21 WG Appleways Crispy Bites Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	22 MCFI CLOSED THANKSGIVING BREAK	23 MCFI CLOSED THANKSGIVING BREAK
26 WG Gripz Cinnamon Grahams Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	27 Rice Chex Berry Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk	28 Whole Grain Breakfast Muffin Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	29 Cocoa Puffs Cereal Cinnamon Grahams 100% Juice Cup Seasonal Fruit Choice of Milk	30 Frosted Flakes Cereal Chocolate Bear Graham 100% Juice Cup Seasonal Fruit Choice of Milk

This institution is an equal opportunity provider.