

Type School Name Here

**MCFI**

**K-8 Hot Lunch**



**June  
2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Chef's Salad with Romaine Lettuce, Turkey Ham, Cheese and Ranch Dressing and Whole Grain Soft Pretzel Stick Assorted Graham Cracker Seasonal Lunch Fruit Choice of Milk	<b>4</b> Chicken Breast Fillet with BBQ Whole Grain Cornbread Baked Beans Seasonal Lunch Fruit Choice of Milk	<b>5</b> Mashed Potato Bowl with Diced Turkey Ham, Broccoli and Cheese Whole Grain Biscuit Seasonal Lunch Fruit Choice of Milk	<b>6</b> Harvest Chicken Salad on a Whole Grain Roll Or Kid's Classic Breaded Chicken Patty Sandwich on a Whole Grain Bun with Mayo WG Dunkers Bar Steamed Carrots Seasonal Lunch Fruit Choice of Milk	<b>7</b> Shredded BBQ Turkey Sandwich on a Whole Grain Bun Crunchy Broccoli with Ranch Seasonal Lunch Fruit Choice of Milk
<b>10</b> Asian Chicken Whole Grain Brown Rice WG Dunkers Bar Crunchy Broccoli with Ranch Seasonal Lunch Fruit Choice of Milk	<b>11</b> Build Your Own Lunch Pack Turkey Ham Rounds Cheese Stick Whole Grain Crackers WG Soft Pretzel Stick Baby Carrots with Ranch Seasonal Lunch Fruit Choice Of Milk	<b>12</b> Cheeseburger on a Whole Grain Bun with Ketchup Baked Beans Seasonal Lunch Fruit Choice of Milk	<b>13</b> Grilled Chicken Sandwich on a Whole Grain Bun with Mayo Or Kid's Classic Whole Grain Chicken Nuggets with BBQ Sauce with Assorted Graham Cracker Roasted Potatoes Seasonal Lunch Fruit Choice of Milk	<b>14</b> Swedish Meatballs Whole Grain Pasta Whole Grain Cracker Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>

**MILK FOR SCHOOL:**  
 SKIM WHITE  
 LOW FAT WHITE  
 SKIM CHOCOLATE

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.