

MCFI

CACFP Cold Breakfast



January

2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK FOR CACFP'S: UNFLAVORED WHOLE MILK (1 YEAR OLDS) UNFLAVORED SKIM or 1% (2-5 YEAR OLDS) CHOCOLATE SKIM (6+ YEAR OLDS) <u>MENU SUBJECT TO CHANGE</u>	1 MCFI CLOSED HOLIDAY BREAK	2 Hard-Boiled Egg Seasonal Breakfast Fruit Milk	3 WG Cinnamon Flakes Seasonal Breakfast Fruit Milk	4 Yogurt Cup Seasonal Breakfast Fruit Milk
7 WG Breakfast Bread Seasonal Breakfast Fruit Milk	8 WG Cinnamon Chex Seasonal Breakfast Fruit Milk	9 Yogurt Seasonal Breakfast Fruit Milk	10 WG Corn Chex Seasonal Breakfast Fruit Milk	11 WG Breakfast Muffin Seasonal Breakfast Fruit Milk
14 WG Cream Cheese-Filled Bagels Seasonal Breakfast Fruit Milk	15 WG Reduced-Sugar Cinnamon Toast Crunch Seasonal Breakfast Fruit Milk	16 WG Appleways Crispy Bites Yogurt Cup Seasonal Breakfast Fruit Milk	17 WG Multigrain Cheerios Seasonal Breakfast Fruit Milk	18 Hard-Boiled Egg Seasonal Breakfast Fruit Milk
21 WG Gripz Cinnamon Grahams Seasonal Breakfast Fruit Milk	22 WG Cinnamon Flakes Seasonal Breakfast Fruit Milk	23 WG Breakfast Muffin Seasonal Breakfast Fruit Milk	24 WG Frosted Mini Wheats Seasonal Breakfast Fruit Milk	25 WG Cream Cheese-Filled Bagel Seasonal Breakfast Fruit Milk
28 WG Granola Yogurt Cup Seasonal Breakfast Fruit Milk	29 WG Cheerios Seasonal Breakfast Fruit Milk	30 Hard-Boiled Egg Seasonal Breakfast Fruit Milk	31 WG Cinnamon Flakes Seasonal Breakfast Fruit Milk	

***All Grains are Whole Grain or Whole-Grain Rich**

This institution is an equal opportunity provider.