

Northwest Lutheran

**MCFI**

**CACFP Cold Breakfast**



**November  
2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MILK FOR CACFP'S:</b> UNFLAVORED WHOLE MILK (1 YEAR OLDS) UNFLAVORED SKIM or 1% (2-5 YEAR OLDS) CHOCOLATE SKIM (6+ YEAR OLDS)  <u>MENU SUBJECT TO CHANGE</u>			<b>1</b>  Fall Break	<b>2</b>  Fall Break
<b>5</b>  WG Granola Yogurt Cup Seasonal Breakfast Fruit Milk	<b>6</b>  WG Cheerios Seasonal Breakfast Fruit Milk	<b>7</b>  Hard-Boiled Egg Seasonal Breakfast Fruit Milk	<b>8</b>  WG Cinnamon Flakes Seasonal Breakfast Fruit Milk	<b>9</b>  Yogurt Cup Seasonal Breakfast Fruit Milk
<b>12</b>  WG Breakfast Bread Seasonal Breakfast Fruit Milk	<b>13</b>  WG Cinnamon Chex Seasonal Breakfast Fruit Milk	<b>14</b>  Yogurt Seasonal Breakfast Fruit Milk	<b>15</b>  WG Corn Chex Seasonal Breakfast Fruit Milk	<b>16</b>  WG Breakfast Muffin Seasonal Breakfast Fruit Milk
<b>19</b>  WG Cream Cheese-Filled Bagels Seasonal Breakfast Fruit Milk	<b>20</b>  WG Reduced-Sugar Cinnamon Toast Crunch Seasonal Breakfast Fruit Milk	<b>21</b>  WG Appleways Crispy Bites Yogurt Cup Seasonal Breakfast Fruit Milk	<b>22</b>  MCFI CLOSED  THANKSGIVING BREAK	<b>23</b>  MCFI CLOSED  THANKSGIVING BREAK
<b>26</b>  WG Gripz Cinnamon Grahams Seasonal Breakfast Fruit Milk	<b>27</b>  WG Cinnamon Flakes Seasonal Breakfast Fruit Milk	<b>28</b>  WG Breakfast Muffin Seasonal Breakfast Fruit Milk	<b>29</b>  WG Frosted Mini Wheats Seasonal Breakfast Fruit Milk	<b>30</b>  WG Cream Cheese-Filled Bagel Seasonal Breakfast Fruit Milk

**\*All Grains are Whole Grain or Whole-Grain Rich**

This institution is an equal opportunity provider.