

Renaissance

**MCFI**

**K-8 Cold Breakfast**



**November  
2018**

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|--|---|---|---|
| <b>MILK FOR SCHOOL:</b><br>SKIM WHITE<br>LOW FAT WHITE<br>SKIM CHOCOLATE<br><br>MENU SUBJECT TO CHANGE                       |  |   | <b>1</b><br><br>Fall Break  | <b>2</b><br><br>Fall Break  |
| <b>5</b><br><br>WG Granola<br>Yogurt Cup<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk                   | <b>6</b><br><br>WG Cheerios<br>WG Assorted Graham Cracker<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk                                | <b>7</b><br><br>WG UBR Bar<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk                                    | <b>8</b><br><br>WG Cinnamon Flakes<br>Cheese Stick<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk                    | <b>9</b><br><br>WG Dunker Bar<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk                                       |
| <b>12</b><br><br>Whole Grain Breakfast Bread<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk               | <b>13</b><br><br>WG Cinnamon Chex<br>Cheese Stick<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk  | <b>14</b><br><b>NEW!</b> WG Grape Jelly Crescents<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk             | <b>15</b><br><br>WG Corn Chex<br>WG Assorted Graham Cracker<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk           | <b>16</b><br><b>NEW!</b> WG General Mills Cereal Bars<br>Yogurt Cup<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk |
| <b>19</b><br><br>WG Cream Cheese-Filled Bagels<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk             | <b>20</b><br><br>WG Reduced-Sugar Cinnamon Toast<br>Crunch<br>WG Assorted Graham Cracker<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk | <b>21</b><br><br>WG Appleyways Crispy Bites<br>Yogurt Cup<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk     | <b>22</b><br><br>MCFI CLOSED<br><br>THANKSGIVING BREAK  | <b>23</b><br><br>MCFI CLOSED<br><br>THANKSGIVING BREAK  |
| <b>26</b><br><br>WG Gripz Cinnamon Grahams<br>Cheese Stick<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk | <b>27</b><br><br>WG Reduced-Sugar Cocoa Puffs<br>WG Assorted Graham Cracker<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk              | <b>28</b><br><br>Whole Grain Breakfast Muffin<br>Cheese Stick<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk | <b>29</b><br><br>WG Frosted Mini Wheats<br>WG Assorted Graham Cracker<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk | <b>30</b><br><br><b>NEW!</b> WG Mini Cinnis<br>Seasonal Breakfast Fruit<br>100% Fruit Juice<br>Choice of Milk                         |

This institution is an equal opportunity provider.