

Type School Name Here

# MCFI

## K-8 Cold Breakfast



# January 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>  <b>MCFI CLOSED</b>  <b>HOLIDAY BREAK</b>	<b>2</b>  WG UBR Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>3</b>  WG Cinnamon Flakes Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>4</b>  WG Dunker Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
<b>7</b>  Whole Grain Breakfast Bread Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>8</b>  WG Cinnamon Chex Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>9</b>  <b>NEW!</b> WG Grape Jelly Crescents Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>10</b>  WG Corn Chex WG Assorted Graham Cracker Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>11</b>  WG General Mills Cereal Bars Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
<b>14</b>  WG Cream Cheese-Filled Bagels Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>15</b>  WG Reduced-Sugar Cinnamon Toast Crunch WG Assorted Graham Cracker Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>16</b>  WG Appleways Crispy Bites Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>17</b>  WG Multigrain Cheerios Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>18</b>  WG Appleways Oatmeal Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
<b>21</b>  WG Gripz Cinnamon Grahams Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>22</b>  WG Reduced-Sugar Cocoa Puffs WG Assorted Graham Cracker Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>23</b>  Whole Grain Breakfast Muffin Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>24</b>  WG Frosted Mini Wheats WG Assorted Graham Cracker Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>25</b>  WG Frudel Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
<b>28</b>  WG Granola Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>29</b>  WG Cheerios WG Assorted Graham Cracker Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>30</b>  WG UBR Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	<b>31</b>  WG Cinnamon Flakes Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	

**MILK FOR SCHOOL:**

- SKIM WHITE
- LOW FAT WHITE
- SKIM CHOCOLATE

MENU SUBJECT TO CHANGE